

WINTER MENU – December, January & February 2024-25

WEEK 1	12/2 12/30 1/27 2/24	12/3 12/31 1/28 2/25	12/4 1/1 1/29 2/26	12/5 1/2 1/30 2/27	12/6 1/3 1/31 2/28
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Toasted Oats Fresh Oranges Organic Milk	Whole Grain Pancakes* w/ Applesauce Fresh Pineapple Organic Milk	WG Biscuits* Turkey Sausage V – Fresh Eggs Fresh Apples Organic Milk	Mini Bagels & Cream Cheese Fresh Oranges Organic Milk	Blueberry Muffins Fresh Honeydew Organic Milk
Lunch	Chicken Sliders Whole Grain Rolls* V – Veggie Burger Tomato Ketchup Green Beans & Cauliflower Fresh Apples	Chicken Fajitas Whole Grain Tortillas V – Tofu Fajitas Peas & Carrots Fresh Bananas	Three Cheese Ravioli In Marinara Sauce Broccoli & Yellow Beans Fresh Cantaloupe	Southwest Chicken Brown Rice Bowl V – Organic Tofu 4 Veggie Blend Fresh Pineapple	Whole Grain* Garlic Bread Pizza Green Beans Diced Carrots Fresh Fruit Salad
Snack	Mini Pretzel Twists String Cheese Water	Kids Mix Fresh Pears Water	Cheddar Goldfish Organic Milk	Vanilla Yogurt Fresh Bananas Water	Club Crackers Fresh Apples Water
WEEK 2	12/9 1/6 2/3	12/10 1/7 2/4	12/11 1/8 2/5	12/12 1/9 2/6	12/13 1/10 2/7
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Corn Chex Fresh Oranges Organic Milk	Hash Browns Scrambled Eggs Fresh Pineapple Organic Milk	Whole Grain French Toast Sticks* Turkey Sausage V – Fresh Eggs Fresh Apples Organic Milk	Toasted Oats Strawberry Yogurt Fresh Oranges Organic Milk	Apple Spice Muffins Fresh Cantaloupe Organic Milk
Lunch	Whole Grain Mac and Cheese Broccoli & Yellow Beans Fresh Apples	Chicken Meatballs in Brown Gravy V – Tofu in Gravy Whole Grain Rolls* Peas & Carrots Fresh Bananas	Turkey Burger w/ Cheese V – Veggie Burger Fresh Buns & Ketchup Green Beans & Cauliflower Fresh Honeydew	WG Chicken Bites* Tomato Ketchup V – Veggie Bites 4 Veggie Blend Fresh Pineapple	Pasta & Chicken Stroganoff V – Tofu Stroganoff Green Beans Diced Carrots Fresh Fruit Salad
Snack	Mini Croissant American Cheese Water	Cheddar Goldfish Fresh Pears Water	Mini Bagels Cream Cheese Organic Milk	Animal Crackers Fresh Bananas Water	WG Wheat Crackers* Fresh Apples Water
WEEK 3	12/16 1/13 2/10	12/17 1/14 2/11	12/18 1/15 2/12	12/19 1/16 2/13	12/20 1/17 2/14
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Shredded Mini Wheats Fresh Oranges Organic Milk	Whole Grain Pancakes* w/ Applesauce Fresh Pineapple Organic Milk	Homemade WG Granola* Vanilla Yogurt Fresh Apples Organic Milk	Hash Browns Turkey Sausage Fresh Oranges Organic Milk	Lemon Poppy Muffins Fresh Honeydew Organic Milk
Lunch	Whole Grain Cheese Tortellini In Garlic & Herb Oil Green Beans & Cauliflower Fresh Apples	Whole Grain Rotini Roasted Tomato Sauce Chicken Sausage V – Organic Tomato Tofu Peas & Carrots Fresh Bananas	Chicken Meatballs in Brown Gravy V – Tofu in Gravy Whole Grain Rolls* Broccoli & Yellow Beans Fresh Cantaloupe	Chicken Fajitas Whole Grain Tortillas V – Tofu Fajitas Veggie Blend Fresh Pineapple	Chicken Alfredo Whole Grain Rotini V – Tofu Alfredo Green Beans Diced Carrots Fresh Fruit Salad
Snack	Ritz Crackers String Cheese Water	Mini Bagels Cream Cheese Fresh Pears	Saltine Crackers American Cheese Water	Graham Squares* Fresh Bananas Water	Kids Mix Fresh Apples Water
WEEK 4	12/23 1/20 2/17	12/24 1/21 2/18	12/25 1/22 2/19	12/26 1/23 2/20	12/27 1/24 2/21
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Rice Krispies Fresh Oranges Organic Milk	Whole Grain Waffles* w/ Applesauce Fresh Pineapple Organic Milk	Mini Bagels Cream Cheese Fresh Apples Organic Milk	Whole Grain Biscuits* Turkey Sausage V – Fresh Eggs Fresh Oranges Organic Milk	Orange Blossom Muffins Fresh Cantaloupe Organic Milk
Lunch	Turkey Burger w/ Cheese V – Veggie Burger Fresh Buns & Ketchup Broccoli & Yellow Beans Fresh Apples	Herb Chicken & WG Rotini Pasta* V – Organic Herb Tofu Green Beans & Cauliflower Fresh Bananas	WG Chicken Bites* Tomato Ketchup V – Veggie Bites Peas & Carrots Fresh Honeydew	Whole Grain Mac and Cheese 4 Veggie Blend Fresh Pineapple	Chicken Marinara Whole Grain Penne V – Veggie Crumbles Green Beans Diced Carrots Fresh Fruit Salad
Snack	WG Wheat Crackers* American Cheese Water	Animal Crackers Fresh Pears Water	Toasted Oats Strawberry Yogurt Water	Mini Croissant Fresh Bananas Water	Club Crackers Fresh Apples Water

- **Organic Plain Milk SERVED WITH ALL LUNCHES - Menu provided by Food2You –**
- **Water available to children at all times - (*) denotes the item is Whole Grain (WG) v.1.0 This menu has been reviewed by Betsy Sejud, MHA, RD, LD**